

LESSON NOTES

# Learn Danish in Three Minutes #1 Self Introductions

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# GRAMMAR

## The focus of this lesson is Self Introduction in Danish

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### Topic 1: How to introduce yourself in any situation

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Sentence from this lesson:

*Hej, jeg hedder [name]*  
"Hi, I'm [name]."

In this lesson, you learned how to introduce yourself in Danish. There are two important sentences you need to know:

1. *Hej, jeg hedder [name]. Hyggeligt at møde dig.* - "Hi, I'm [name]. Nice to meet you." (Informal)
2. *Goddag, jeg hedder [name]. Rart at møde dig.* - "Hello, my name is [name]. Nice to meet you." (Formal)

From these sentences we have:

- *Hej* - "Hi"
- *Goddag* - "Hello" or "Good day"
- *jeg hedder* - "I'm" or "My name is"
- *Hyggeligt at møde dig.* - "Nice to meet you." (Informal, used for example: with friends)
- *Rart at møde dig.* - "Nice to meet you." (Formal, used for example: with coworkers)

Note that in a formal setting you would say your full name, but it is better to just use your first name when you're being introduced to new friends.

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### Language Tip

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When you introduce yourself, it's a good habit to shake hands in Denmark.

On the other hand, while *rart at møde dig* is slightly more formal than *hyggeligt at møde dig*, you don't need to worry too much about which one you use. If you use one of these sentences with Danish people, they're definitely going to be impressed!